

About Sands

Sands, the stillbirth and neonatal death charity, was founded in 1978 by a small group of bereaved parents who were devastated by the death of their babies, and by the total lack of acknowledgement and understanding of the significance and impact of their loss.

Since that time, we have supported many thousands of families whose babies have died, offering emotional support, comfort and information. Today Sands operates throughout the UK and focuses on three main areas of work:

We support anyone affected by the death of a baby

Bereavement support is at the core of everything we do. Some of the services that we offer include:

- ▶ Helpline for parents, families, carers and health professionals
- ▶ UK-wide network of support groups run by trained befrienders
- ▶ Online forum and message boards enabling bereaved families to connect with others
- ▶ Website and a wide range of booklets, books and other resources.

We depend on the extraordinary energies of our supporters to raise the vital funds that we need to deliver the wide range of services that we offer.

We work in partnership with health professionals to try to ensure that bereaved parents and families receive the best possible care

We offer resources and a comprehensive programme of training, workshops and talks for health professionals that give practical guidance on how to meet parents' needs and provide good bereavement care.

We promote and fund research that could help to reduce the loss of babies' lives

The UK has one of the highest rates of perinatal death in the developed world. The shocking reality is that, in spite of medical advances, 17 babies are stillborn or die under one month old every day. We raise vital funds for research and campaign for the government to address this situation as a matter of priority.

If you would like any further information or support please contact us or visit our website.

Support:

t: 020 7436 5881
e: helpline@uk-sands.org

Enquiries:

t: 020 7436 7940
e: info@uk-sands.org

Write to us:

Sands, 3rd Floor, 28 Portland Place,
London, W1B 1LY

Website:

w: www.uk-sands.org

We cordially invite you to
Sands
Lights of Love
Friday 5 December 2014
7.30pm



The death of a baby or another loved one is difficult to bear at any time of the year. Yet at Christmas, with so much emphasis on children, families, sharing happy times together, those feelings of grief can often seem even more acute.

For those who have not had the opportunity to attend a *Lights of Love* service before, these are evenings of traditional carols, readings and musical performances. There will once again be Christmas trees on which you can hang messages for loved ones and the opportunity at most of the venues to light a tealight in memory of your baby or loved one. There is no charge to attend.

Sponsor a 'Light of Love'

We are inviting you to sponsor a light on our *Lights of Love* Christmas trees. We suggest a donation of £5 per light. You can choose to have your light and message tag at any of the locations below.

If you are unable to attend a *Lights of Love* event you can still sponsor a light and have a message card put on the tree on your behalf.

Lights of Love venues 2014

Durham and Wearside

St Barnabas Church, Bournmoor, Houghton- Le – Spring, DH4 6EU

Enquiries: Ashleigh Corker 07514 741 349 ashleigh.corker@uk-sands.org

Exeter

St Thomas' Methodist Church, 110-111 Cowick Street, Exeter, Devon, EX4 1JE

Enquiries: Jo Gundersen 07845 310 617 jo.gundersen@uk-sands.org

Guernsey

St John's Church, Les Amballes, St Peter Port.

Enquiries: Rev Linda Vasseur 01481 264 795 linda@cwgsy.net

Huddersfield

St Thomas's Church, Manchester Road, Huddersfield, HD1 3HU

Enquiries: Rachael Brann 07867 912 987 huddersfieldsands@yahoo.co.uk

Liverpool

St Chads, Old Hall Lane, Kirkby Liverpool, L32 5TH

Enquiries: Chyrell and Steven Frost 07543 139 301 or 07594 580 092 support@liverpool-sands.co.uk

London

St Pauls Church, Knightsbridge, London, SW1X 8SH

Enquiries: Erica Stewart 0207 436 7940 erica.stewart@uk-sands.org

Norfolk

St Faiths Crematorium, 75 Manor Road, Horsham, St Faith, Norwich, Norfolk, NR10 3LF

Enquiries: Eleanor Langhan 01603 287 470 eleanor.langan@nnuh.nhs.uk

Northern Ireland

Seagoe Parish Church, 65 Seagoe Road, Portadown, BT63 5HS

Enquiries: Steven Guy 02838 392 509 steven.guy@uk-sands.org

St Augustine's Church, Palace St., Derry BT48 6PP

Enquiries: Steven Guy 02838 392 509 steven.guy@uk-sands.org

Nottingham

St Peter's Church, St Peters Square, Nottingham, NG1 2NW

Enquiries: Lucy and Tim 07891 041 211 nottingham.sands@hotmail.co.uk

Scotland

St Mary's Church, 15 Upper Bridge Street, Stirling, Scotland, FK8 1ES

Enquiries: Caroline 07948 562 321 mail@forthvalleysands.org.uk

Wales

St Saviours, Splott Road, Splott, Cardiff, Wales, CF24 2BW

Enquiries: Heatherjane Coombs 07557 912 982 cardiffsands@hotmail.co.uk

Book online at www.uk-sands.org/Lights-of-Love or complete and return this booking form.

Booking form

Please write in BLOCK CAPITALS

Name	
Address	
Postcode	
Daytime Tel No	Serial Number
Email	

Attendance - please indicate approximately how many people will be attending in your party against the relevant venue.

<input type="text"/> Durham & Wearside	<input type="text"/> Norfolk
<input type="text"/> Exeter	<input type="text"/> Portadown, Northern Ireland
<input type="text"/> Guernsey	<input type="text"/> Derry, Northern Ireland
<input type="text"/> Huddersfield	<input type="text"/> Nottingham
<input type="text"/> Liverpool	<input type="text"/> Scotland
<input type="text"/> London	<input type="text"/> Wales

I/We wish to sponsor...

<input type="text"/> light(s) on the tree in Durham & Wearside	<input type="text"/> light(s) on the tree in Norfolk
<input type="text"/> light(s) on the tree in Exeter	<input type="text"/> light(s) on the tree in Portadown, N. Ireland
<input type="text"/> light(s) on the tree in Guernsey	<input type="text"/> light(s) on the tree in Derry, N. Ireland
<input type="text"/> light(s) on the tree in Huddersfield	<input type="text"/> light(s) on the tree in Nottingham
<input type="text"/> light(s) on the tree in Liverpool	<input type="text"/> light(s) on the tree in Scotland
<input type="text"/> light(s) on the tree in London	<input type="text"/> light(s) on the tree in Wales

Lights can also be sponsored online at www.justgiving.com/lightsoflove14

A special handmade card is available for you to write a message in memory of or in celebration of a loved one, to go with the light(s) that you have sponsored. Please email lightsoflove@uk-sands.org if you would like additional cards sending to you.

Please return your completed card(s) to us by **Monday 1st December** if you wish us to attach the card(s) to the tree at your chosen venue on your behalf. Please write your name and full address on the back of your card(s) if you wish us to return them to you afterwards.

I would like to make a donation of £ towards Sands' vital work.

Gift Aid declaration

☐ By ticking the box I confirm that I am a UK taxpayer and would like all my donations past, present and future to Sands to be treated as Gift Aid donations. I confirm that I have or will have paid sufficient tax (income or capital gains) in the current tax year to cover all the tax that will be reclaimed by all the charities to which I have made Gift Aid donations. I understand that other taxes such as VAT and Council Tax do not apply.

Total amount enclosed £ **(Made payable to Sands)**

Please send your completed form, and payment to: **Lights of Love, Sands, 3rd Floor, 28 Portland Place, London W1B 1LY** no later than **Monday 1st December**. Thank you.